

THE FOOD STORE

Improving lives
and reducing
waste in
Tower Hamlets



The Food Store is a place you can go every week to pick up large quantities of food for a small amount of money, all while being helped to access support for your finances and wellbeing.



MAYOR OF
TOWER HAMLETS

'All of Tower Hamlets' residents deserve healthy, affordable food. Food Stores showcase all that is best about our Borough - communities coming together to ensure that everyone is fed, regardless of their background. I am proud to oversee the opening of these stores, and look forward to working more closely with and supporting them moving forward'.

Lutfur Rahman, Mayor of Tower Hamlets

How does it work?

In return for a weekly membership fee of £3.50 you will be able to pick up £20 to £30 worth of groceries and household items. While you are a member we will also set you up with access to advice services for help with debt, benefits access, housing issues and other areas you might find useful.

What kind of food will I get?

We stock quality redistributed food that can help to top up your weekly shop with nutritious essentials. Your weekly groceries will include fresh fruit and vegetables, chilled and frozen foods, and store cupboard staples. We also offer household items, like toiletries and cleaning products, when we have them.

Where is The Food Store?

The Food Store is running in sites across Tower Hamlets.

How long can I be a member?

Every three months we will check in to see how you are doing and if you are getting the right support. If things have improved and you no longer need our help, the membership will end – if not it will carry on. Memberships normally last for six months.

How do I sign up?

To sign up, or for more information, please email TheFoodStore@towerhamlets.gov.uk with your name, address, postcode and contact details.

