Below are resources that may be able to assist you regarding the conflict in Gaza and The West Bank. To access the websites, please click on the links. You may wish to contact these providers for additional information.

**Government Services**

**Palestinian Government e-Services Portal**

<https://www.palestine.ps>

**Mental health hotlines**

Sawa Helpline: 121

Gaza Mental Health Program: 1800 222 333

**Emergency numbers**

Police: 100

Ambulance: 101

Civil Defense: 102

Ministry of Health: 103

Ministry of Interior Affairs: 109

**NGOs in Gaza and The West Bank**

**Palestinian Red Crescent Society Gaza Strip**

Gaza Strip, Gaza

022 978 520

<https://www.palestinercs.org/en>

**Taawon Foundation**

Elrimal - Sorani Building, Near Al-Shifa Hospital P.O. Box 5018 Gaza

082 869 881

<https://www.taawon.org/en>

**Network of Palestinian NGOs**

Ramallah

022 975 320

<https://www.pngo.net/en>

**UNRWA**

Al-Azhar Road (Opposite the Islamic University) Rimal Quarter, Gaza City

082 887 213

<https://www.unrwa.org>

**Jabalia Association for Community Development**

Gaza Strip, North Governorate (Beit Lahia), Al-Qassam Mosque Street

082 473 935

jacd2001@gmail.com

**Free Medical Support**

**Medical Aid for Palestinians**

<https://www.map.org.uk>

**Palestinian Medical Relief Society**

<https://pmrs.ps>

**Donations**

**World Food Programme**

<https://www.wfp.org/support-us/stories/palestine-appeal>

**Islamic Relief Palestine**

<https://www.islamic-relief.org.uk/giving/appeals/palestine>

**Palestine Red Crescent Society**

<https://www.palestinercs.org/en/Donation>

**Social Media**

<https://www.facebook.com/BgprsGaza>

<https://www.facebook.com/gazaliveupdates>

**Articles**

<https://news.un.org/en/story/2023/10/1142177>

<https://afsc.org/news/5-ways-you-can-support-palestinians-gaza>

<https://www.unrwa.org/newsroom/news-releases/gaza-strip-number-displaced-people-over-70000-unrwa-shelters>