

# Inclusive Language in French (and other languages): What is actually included?

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International Research Networking Project

*Language and Gender: Academic Research and Practical Implementation*

Conference & Workshop 1 “Language and Gender: Achieving Conceptual Clarity”

# Contents

- Gender and Nonsexist / inclusive language: definitions
- Data: a multilingual database
- French: 55 years of debate – or 6 years?
- Perspectives on inclusion

# Gender and Nonsexist / inclusive language: definitions

- Gender: ambiguous
  - grammatical genders vs gendered forms vs gender identities
  - grammatical genders: visible in satellite (or anaphoric) elements
    - in French: masculine vs feminine gender (*la ville, le village*)  
(other configurations in other languages: neuter gender, animate vs inanimate, etc.)
  - gendered forms: depend on context
    - ex. *bibliothécaire*
      - sometimes feminine or masculine: *la/une bibliothécaire compétente* vs. *le/un bibliothécaire compétent*
      - sometimes neutralised: *les/des bibliothécaires spécialistes*
  - gender identity: chosen by individuals, stable or not, binary or not
    - but also enacted and interpreted by others
    - vs. sex (attributed at birth)

# Guides for non-sexist / inclusive language: definition

- By a **guide for non-sexist / inclusive language**, I mean
  - a **published document**,
  - which (exclusively or in addition to other subjects) is about the **representation of persons in (written) language**,
  - which contains a (more or less strong) **call for action**, namely that of gender balance in language use
  - which describes the **means to be used**: typically a list of methods or resources that are recommended, prescribed or to be avoided.
- Elmiger 2021: 17, 2022a, 2022b



# Collection

- State (January 2024):
  - 2843 guides
  - more than 40 languages,
  - 1975-2023
- detailed analysis (d/f/e):  
Aline Siegenthaler



# *Guidelines for non-sexist / inclusive language*



- NB: certain texts refer to more than one language

Romance languages	Germanic languages	Slavic languages	Indo-European languages	Other languages
Asturian (1)	Afrikaans (1)	Bosnian (1)	Breton (2)	Arab (4)
Catalan (100)	Danish (2)	Bulgarian (2)	Greek (2)	Basque (17)
French (379)	English (351)	Croatian (3)	Irish Gaelic (2)	Chinese (1)
Galician (26)	Dutch (10)	Czech (10)	Latvian (2)	Estonian (2)
Gallo (1)	German (1123)	Polish (10)	Lithuanian (2)	Finnish (2)
Italian (105)	Norwegian (1)	Russian (1)		Hungarian (2)
Portuguese (62)	Swedish (2)	Serbian (1)		Maltese (2)
Rhaeto-Romance (8)		Slovak (3)		Turkish (3)
Romanian (3)		Slovene (2)		various African languages (8)
Spanish (694)				
Valencian (46)				

What representativeness?

# Guides: typical elements

- Introduction: *why?* (rationale)
  - Importance of language for equality (and mental representation)
  - legal basis
- Central part: *how?* (examples)
- Other elements
  - Contextualisation (historical, institutional, etc.)
  - Argumentation aids
  - Hints on the use of graphic elements / of other criteria
  - Word lists, model texts, contexts
  - Bibliographical references, etc.

Expresión sexista 	Alternativa incluyente 
Los empleados...	Los empleados y las empleadas...
Los trabajadores...	Las trabajadoras y los trabajadores...

cómo hablamos.  
-o/a

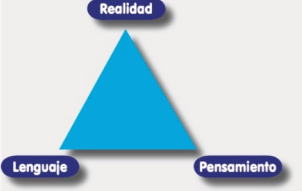
## Antes de empezar...

### Indicaciones didácticas

Notas al profesorado


Algunas ideas básicas sobre la importancia de abordar el uso del lenguaje para educar en igualdad:

#### 1. El lenguaje nos estructura



Una lengua refleja:  
 \*una determinada concepción del mundo  
 \*una forma de organizar el pensamiento  
 \*una manera de representar la realidad

#### 2. La importancia del androcentrismo en el lenguaje



\*-Cuando yo uso una palabra -insistió Humpty Dumpty con un tono de voz más bien desdenoso- quiere decir lo que quiero que diga...ni más ni menos.  
 -La cuestión es -insistió Alicia- si se puede hacer que las palabras signifiquen tantas cosas diferentes.  
 -La cuestión -zanjó Humpty Dumpty- es saber quién es el que manda.  
 Eso es todo.\*

(\*Alicia a través del espejo\*, Lewis Carroll, s. XVIII)

Página 3 del manual "Porque las palabras no se las lleva el viento..." de TERESA MEANA editado por el Ayto de Quart de Poblet. Ilustradora: MABEL ÁLVAREZ.

#### 3. "Lo que no se nombra, NO existe"

La importancia de nombrar una realidad: el acoso escolar o bullying , la violencia de género, el acoso sexual , la doble jornada, etc... son situaciones que vienen de lejos, sin embargo, nadie las ha tomado en cuenta hasta que se les ha dado nombre, el propio hecho de designar estas realidades con un concepto ha hecho que salgan a la luz, y sean analizadas

4

# Differences

- Media
  - Paper (brochures, books, loose sheets, posters, etc.)
  - Electronic files (PDF, text processing)
  - Internet pages (HTML sites, blogs, etc.)
  - sometimes several versions
    - e.g. print version & screen document
- Languages
  - one, two or more languages



## Uno sguardo alla lingua Inglese

Alcune indicazioni essenziali sul linguaggio di genere utile per le tante situazioni sociali e non che il personale del MAE affronta quotidianamente. Il testo preso qui come riferimento è *Communication and gender*<sup>27</sup> dove vengono suggeriti diversi stratagemmi. Innanzitutto bisogna evitare i riferimenti a *He-Man* e alternativamente:

1- sostituirlo con *she or he oppure hers or his oppure he or she oppure his or hers*

2- usare la prima persona *I, me, my, mine, we, our, ours*



# GUÍA DE BOLSILLO PARA LA GESTIÓN DE GÉNERO EN ORGANIZACIONES DE PESCA ARTESANAL



Fundación MarViva (2023): Guía de bolsillo para la gestión de género en organizaciones de pesca artesanal: 31 p.

## Contenido

Agradecimientos

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# Nonsexist / inclusive, ... language

- *nonsexist, nichtsexistisch, geschlechtergerecht, gendergerecht, -inklusiv, -sensibel*, etc.: in relation to a binary distinction (women/men) or other genders / gender identities
- inclusive: all genders and/or groups of people who differ from each other in terms of other characteristics

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# Designation of the texts/genre: French

Genre	Object	Attribute
guide	langue	non sexiste, désexisé·e
règles, règlement	rédaction	inclusif/inclusive
recommandations	écriture	épicène
propositions	formulation	non genré·e, ... de genre
orientations	usage	égalitaire
manuel	communication	féminin·e, féminisé·e
directives, alternatives, solutions,	grammaire	non discriminatoire
vademecum, suggestions, instructions,	approche	sans stéréotypes
indications, décalogue, charte, avis,	traitement	neutre, neutralisé·e,
notification, rapport, décision, bonnes	etc.	sensible (aux genres),
pratiques, conseils, critères, fil rouge, etc.		sensitif/sensitive, approprié·e, respectueux/respectueuse, etc.

# Designation of the texts/genre: English

Genre	Object	Attribute
guideline(s) (and resources)	language, use (of language)	inclusive
guide, style guide, study guide manual, handbook, framework policy (statement), charter	communication, communicator, writing terms	gender, gender- inclusive/fair/ neutral/sensitive/mainstreamed/ related
recommendations, suggestions, principles	inclusion, diversity drafting, content(s), events	non-sexist, non-discriminatory bias-free, reducing bias
guidance, how-to, tip(s), fact sheet, toolkit, tip sheet, resources, practices, handout, dictionary	website, worship	equitable, diversity-sensitive

# A wide range of designations

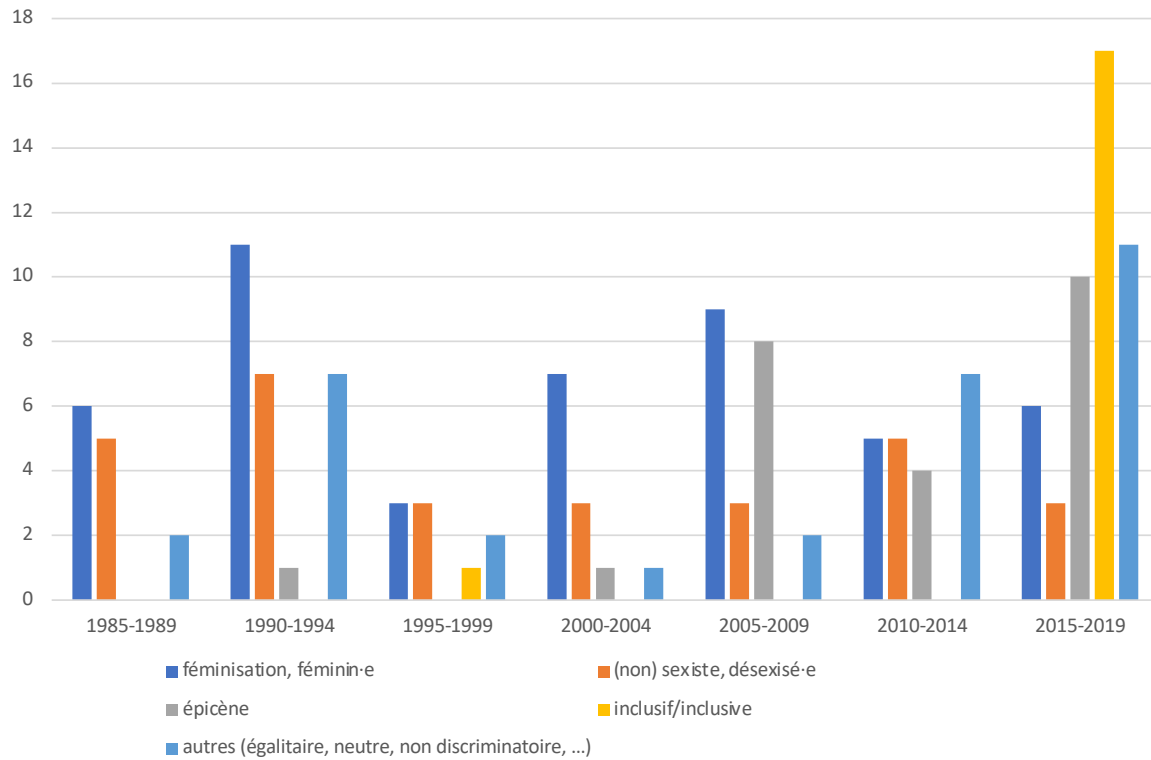
- different perspectives on language, communication and people that are written or talked about
- ex.
  - ...de genre
  - inclusif/inclusive
  - epicène
  - neutre
  - gender of words/forms or gender of people?
  - What is actually included?
  - same form (*bibliothécaire*) or one form for all (*personne*)?
  - neutralisation or creation of a neuter gender
    - or relating to non-binary people?

# A very condensed view on the discussion

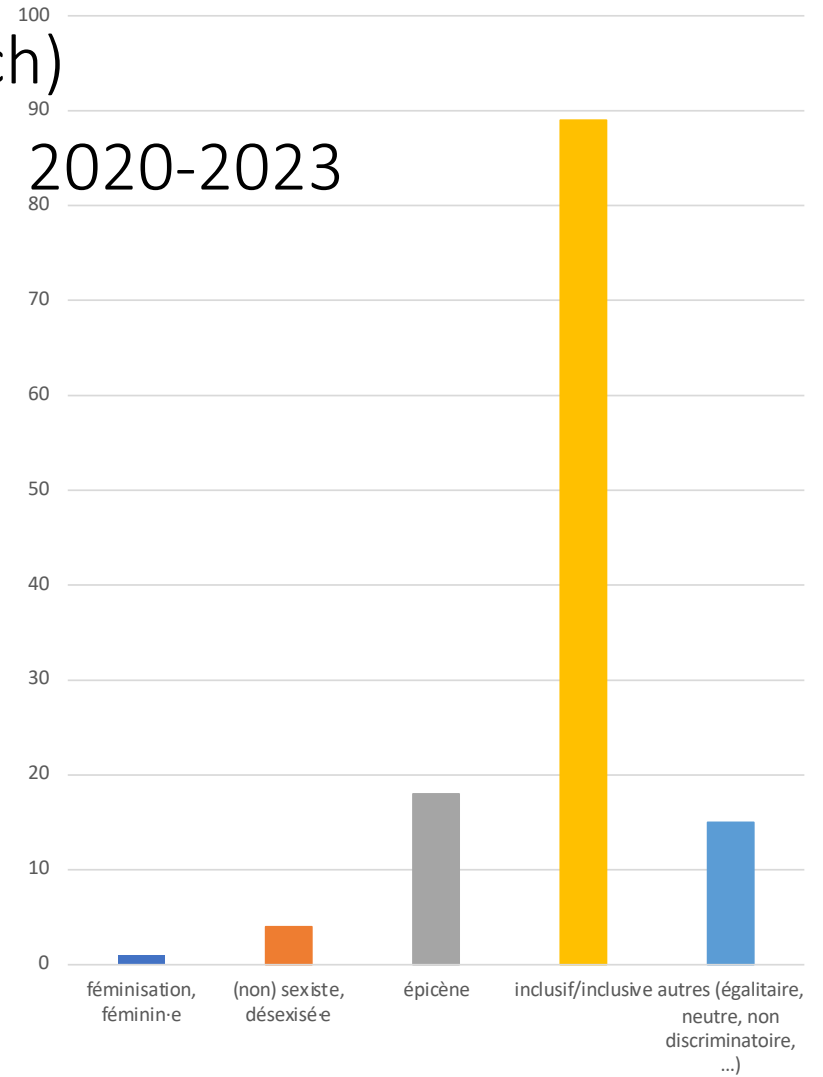
- late 1970s until pre 2017
  - wide discussion in the peripheral northern francophony
  - several designations: *épicène, non sexiste/désexisé, féminin·e/féminisation, ...*
  - lexical aspects, but also the use (and avoidance) of certain forms (esp. generically intended masculine forms)
- post 2015/2017
  - 2015: a new French guide: Conseil à l'Égalité entre les femmes et les hommes (2015): *Guide pratique pour une communication publique sans stéréotype de sexe*
  - 2016: Haddad (dir.) (2016): *Manuel d'écriture inclusive*
  - 2017: a sudden interest in the media and in the general public
    - with a new term: *écriture inclusive*
    - with new forms: *agriculteur.rice.s*

# Different designations (example: French)

1985-2019



2020-2023



# Multiple versions

- below: Haute École spécialisée de Suisse occidentale HES-SO (2014)
- right: Haute École spécialisée de Suisse occidentale HES-SO (2019)





## What is included in inclusive language?

- Inclusion is a matter of words – but also a goal in other domains.
- My starting point:
  - By a guide for non-sexist / inclusive language, I mean
    - a published document,
    - which (exclusively or in addition to other subjects) is about the representation of persons in (written) language [...]
- Often, other types of inclusion are being treated in the same (or comparable) documents.

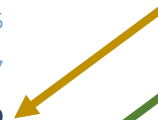
# Inclusive: gender



Center for International Private Enterprise CIPE (2022): *Inclusive Communication. Gender-Sensitive, Inclusive and Accessible Language*. Amnesty Suisse: 36 p.

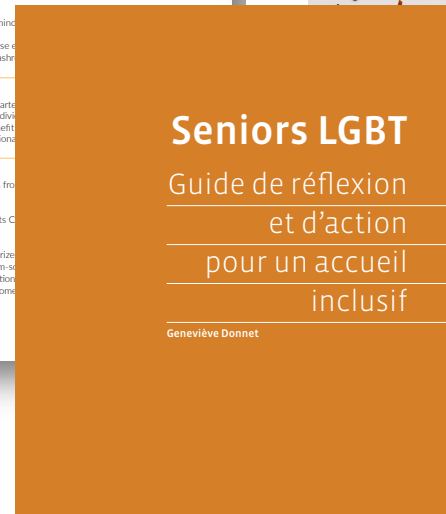
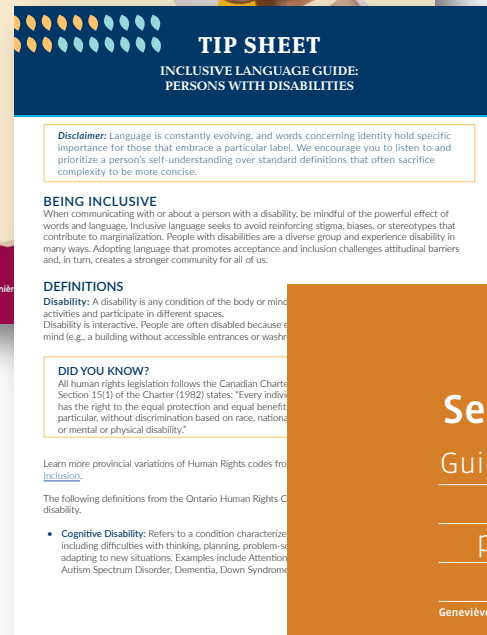
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# What is included?

- In the Database:
  - gendered forms
  - gender (identity)
  - sexual orientation
  - (ethnic or other) origin
  - religion / politics
  - health, disabilities, etc.
  - physical appearance
  - age
  - socioeconomic status
  - family situation
  
- images
- vocabulary
- comprehensible language



# What is included?

## Personas:

- De piel morena
- De estatura baja
- Con distinta lengua, idioma o forma de hablar
- Indígenas
- Extranjeras
- Lesbianas
- Por venir de algún estado de la República (no ser de la Ciudad de México)
- Mujeres



Ciudad de México (2016): *Manual Lenguaje incluyente y no discriminatorio en la actuación de la administración pública de la Ciudad de México*. Gobierno de la Ciudad de México; Consejo para Prevenir y Eliminar la Discriminación de la Ciudad de México COPRED: 46 p.

- Hombres
- Niñas o niños
- Jóvenes
- Gays
- Adultas mayores
- Trabajadoras del hogar
- Con discapacidad
- Con apariencia y modo de vestir diferente
- Bisexuales
- Pobres
- Por su religión o por no tenerla
- Judías
- De preferencia u orientación sexual distinta a la heterosexual
- Transgéneros
- De nivel educativo bajo (sólo la primaria)
- Con opiniones o preferencias políticas diferentes a las de la mayoría
- Con tatuajes o perforaciones corporales
- Con sobrepeso
- Intersexuales
- Embarazadas
- Que viven en unión libre o en concubinato
- Divorciadas
- Transexuales
- Solteras
- Con algún problema de salud
- Con antecedentes penales, acusadas o que estuvieron en la cárcel
- Afrodescendientes (personas de raza negra)
- Con malformaciones genéticas
- Travestis
- Integrantes de la población callejera
- Trabajadoras sexuales
- Con VIH/SIDA

# What is included?



Durham District School Board (2011):  
*Guidelines for Inclusive Language*: 20 p.

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### RACIAL, ETHNO-CULTURAL, FAITH, LANGUAGE GROUPS

Racial, Ethno-Cultural, Faith, Language groups will have diverse ways of naming and referring to themselves. It is important that we respect a group’s or an individual’s preference about how they wish to be addressed. People from non-dominant groups may prefer to be known by their country of origin or by their language group. For example,

#### LANGUAGE GROUPS

*“The proportion of people reporting English or French as a mother tongue is declining.” (Census Canada, 2006)*

#### PREFERRED TERMS

Use the name of the language:  
 A person who speaks Arabic...

#### TERMS TO AVOID

Arabic speaking, French speaking

### TONE OF VOICE AND NON-VERBAL INCLUSIVE LANGUAGE

Regardless of the words we choose, our non-verbal communication and tone of voice express emotions, opinions, and attitudes. We all need to ensure that we think about how we speak to each other and that our professional tone is one of respect and curiosity, particularly when we are working within a diverse workplace. It is important to avoid patronizing, condescending, sarcastic, and other inflections that might be misunderstood as being disrespectful.

### PRONUNCIATION OF NAMES

When respectfully communicating verbally with people of diverse backgrounds, learn the correct pronunciation of names, and ask for appropriate pronunciation prior to introducing individuals during meetings. Avoid derogatory comments or surprised reactions to diverse names. Do not shorten or Anglicize names.

# What is included?

All kinds of discriminated/often forgotten/less considered groups.

**ABLEIZM**

**ABLEISMUS**

**ROMOFOBIA**

**ISLAMOFOBIA**

**ISLAMOFOBIA**

**ISLAMOPHOBIE  
ISLAMFEINDLICHKEIT  
MUSLIMFEINDLICHKEIT**

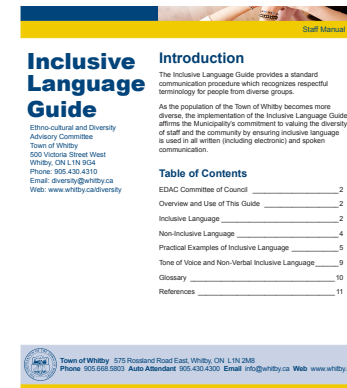
**DIVERSITÄTSENSIBLE/  
DISKRIMINIERUNGSFREIE  
SPRACHE**

Sprache, die allen Menschen und gesellschaftlichen Gruppen Respekt entgegenbringt, indem sie Stereotype und Bezeichnungen vermeidet, die Ablehnung und Vorurteile befördern können. Diversitätssensible Sprache zeichnet sich auch dadurch aus, dass sie Vielfalt widerspiegelt. Sie verwendet z. B. sowohl weibliche als auch männliche Formen oder solche, die eine eindeutige geschlechtliche Zuweisung nicht voraussetzen: Schülerinnen und Schüler, Pol\*innen, Lehrer\_innen).

**BIE**

# What is included?

- the core (in my perspective)
  - **linguistically gendered word forms** (avoiding generically used masculine forms):
    - (personal) nouns / pronouns, etc. ((man/actor, actress))
- outside the core
  - **groups of people** that were previously not represented or underrepresented
    - age, gender, sexual orientation, disability, etc.
  - **communication**
    - verbal and **non-verbal communication** (images, illustrations, etc.)
    - **accessible communication** (easy to understand, assisted writing/reading, etc.)
    - **respectful, non-violent communication**
    - **interaction, decision making**, etc.
    - communication in certain contexts: e. g. **teaching**
  - **other contexts where language and communications may matter**
    - school management
    - **events**
    - **recruitment**
    - ...



# contexts

schools

events

recruiting

...

## communication

accessible communication

interactions

textual, visual communication

...

## groups of people

gender identity

sexual orientation

health / disability

origin

...

### gendered word forms

nouns  
(man/woman,  
actor/actress)

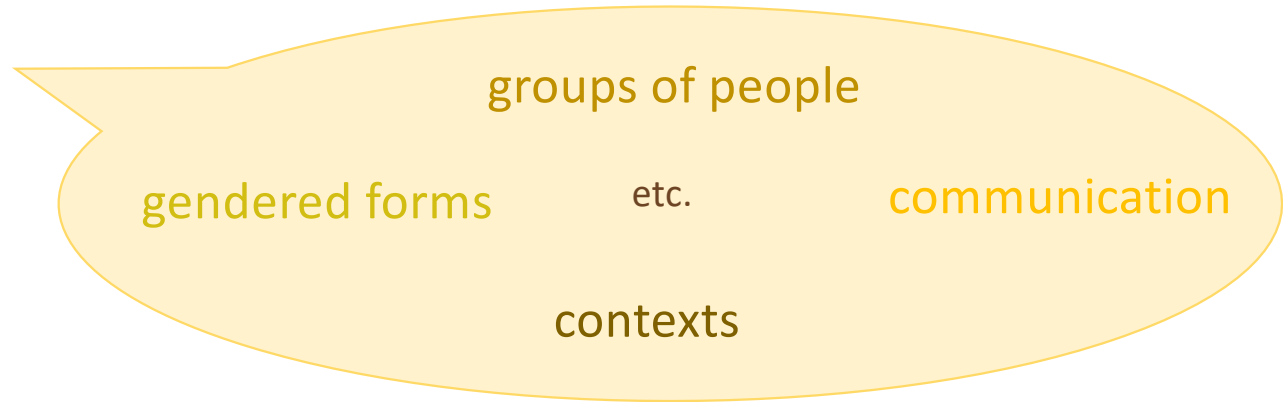
pronouns,  
determiners, etc.

adjectives

...



# What is included?



- ... but not necessarily with the label «inclusion» / *inclusive/inclusif* / ...
  - In French, one can observe more conceptual unity
- ... but conceptual clarity seems still far away.
- You can't trust the label: you (still) have to look inside to know
  - In guidelines, but also in specialised literature

# Discussion

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chronique: *Les genres réécrits*: <https://www.revue-glad.org/405>

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[https://www.unige.ch/lettres/alman/files/2416/2461/4755/2021.06\\_Leitfadensammlung\\_V\\_2.pdf](https://www.unige.ch/lettres/alman/files/2416/2461/4755/2021.06_Leitfadensammlung_V_2.pdf)

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