

# Mad Hearts: The Arts and Mental Health

**A two day conference organised by the Arts and Culture Strategy and the MSc Creative Arts and Mental Health at Queen Mary**

**This two-day conference explores productive, radical, contemporary encounters between the arts and mental health, bringing together clinical, artistic and research perspectives that offer a re-interpretation of contemporary mental health science and practice.**

**17-18 May 2019**

**QMUL Mile End Campus, ArtsTwo**

**£50 - 2 days / £30 - 1 day**

**£30 - 2 days concessions / £20 - 1 day concessions**

Thematic sessions will range from the importance of narrative and meaning making in mental health, to the pedagogical use of the arts as progressive intervention, and arguments for a radical shift in mental health practice. The programme is enriched by theatre performances on the theme of mental health and an art exhibition. Delegates will have the opportunity to contribute their responses through a 'long table' discussion; this will provide the stimulus for the panel discussion with stakeholders and international experts that will round off the conference.

We welcome mental health professionals, researchers and any members of the general public interested in the way the arts can contribute to mental health.

**Book online: [bit.ly/madheartsqmul](http://bit.ly/madheartsqmul)**



## Friday 17 May 2019

- 09.00 – 09.45    **Registration and coffee**
- 09.45 – 10.00    Introductions
- 10.00 - 11.00    **In search of meaning: narratives in mental health**  
*Dr David Harper*, Reader in Clinical Psychology  
*Jeremy Weller*, Artistic Director of Grassmarket Project  
theatre company
- 11.00 – 11.30    **Refreshments, art exhibition and poster display**
- 11.30- 12.45    *Lucy Hutson*, Performance Artist  
Panel discussion
- 12.45 – 13.45    **Break for lunch, art exhibition and poster display**
- 13.45 – 14.45    **People’s Palace Projects: Building the Barricades**  
*Paul Heritage*, *Marcelo Cruz*, *Eliana Sousa Silva*, *Maira Gabriel Anhorn*
- 14.45 – 15.45    **London Chamber Orchestra and Music Junction**  
With mini-concert by staff and children at Music  
Junction
- 15.45 - 16.15    **Refreshments, art exhibition and poster display**
- 16.15 – 17.30    **Parallel sessions:**  
Theatre performances by BA and MSc students  
Long table discussions with audience participation

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## Saturday 18 May 2019

- 09.30 – 10.00    **Registration and coffee**
- 10.00 - 11.30    **Art as pedagogy for mental health and wellbeing**  
*Prof Bridget Escolme, Professor of Theatre and Performance*  
*Dr Louise Younie, Clinical Senior Lecturer*  
With panel discussion
- 11.30 – 12.00    **Refreshments, art exhibition and poster display**
- 12.30- 13.00    *Ridiculusmus Theatre Company* and a mini-performance from *The eradication of schizophrenia in Western Lapland*
- 13.00 – 14.00    **Break for lunch, art exhibition and poster display**
- 14.00 – 15.00    **Keynote: Try a Little Tenderness: Artistic Thinking, Clinical Practice**  
*Dr Anna Harpin, Associate Professor of Theatre*
- 15.00 - 15.30    **Refreshments, art exhibition and poster display**
- 15.30 – 17.00    **General Panel**
- 17.00 – 17.30    **Prize ceremony**

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