

Suggested Reading List, 1st Year Psychology

Students starting to study at QMUL often ask for information about recommended textbooks because their A-level courses typically followed one textbook. There are many ways in which studying at university is different from studying at school. For example, at university you will find that we rarely follow just one textbook. Instead, academic staff use lectures to introduce you to topics; you will then explore those topics in more detail during your independent study by using a variety of sources.

At the beginning of each module your lecturer will direct you towards sources relevant for that module. Below we have listed the essential textbooks for the compulsory modules you will study in the first year. However, your lecturer may also direct you to other sources in addition to these.

Please note that it may not be necessary to purchase the textbooks listed below as there are some copies of the physical books available to borrow from the QMUL library. Some textbooks also have an electronic version, which you will be able to access via the QMUL Library website. Note also that if the most recent edition is not available, the previous edition is often a good substitute. However, please ask the lecturer before you make such a purchase.

Year-Long Modules (Semester A and Semester B)

PSY100 Essential Skills for Psychologists

- No required textbook; readings will be uploaded to QMPlus

PSY109 Research Methods and Statistics in Psychology I

- Coolican, H. (2014). *Research methods and statistics in psychology* (6th ed.). East Sussex: Routledge. [Available as an ebook.]
- Brace, N., Kemp, R., & Snelgar, R. (2016). *SPSS for psychologists and everybody else* (6th ed.). Basingstoke: Palgrave Macmillan.

Semester A

PSY117 Introduction to Biopsychology

- Kolb, B., Wishaw, I., & Teskey, G.C. (2019). *An introduction to brain and behaviour* (6th ed.) New York, NY: Worth. [THIS SAME TEXT WILL BE USED IN PSY121]

****NOTE: YOU DO NOT NEED TO BUY THE KOLB BOOK. THE DEPARTMENT WILL BE PROVIDING EACH STUDENT A LICENSE FOR THE E-TEXTBOOK. IF YOU WOULD LIKE TO BUY YOUR OWN PRINT COPY, HERE IS THE RELEVANT INFORMATION****

PSY119 Positive Psychology

- Compton, W.C. & Hoffman, E. (2019). *Positive psychology: The science of happiness and flourishing* (3rd ed.). London, UK: Sage.

PSY124 Exploring Psychology I

- [Essential] Holt, N., Bremner, A., Sutherland, E., Vliek, M., Passer, M.W., & Smith, R.E. (2019). *Psychology: The Science of Mind and Behaviour* (4th ed). London: McGraw-Hill Education. [THIS SAME TEXT WILL BE USED IN PSY125]
- [Recommended] Gazzaniga, M., Heatherton, T., Halpern, D. (2015). *Psychological science* (5th ed.). New York: W. W. Norton & Company.

Semester B

PSY121 Brain & Behaviour

- Kolb, B., Whishaw, I., & Teskey, G.C. (2019). *An introduction to brain and behaviour* (6th ed.) New York, NY: Worth. [THIS SAME TEXT WILL BE USED IN PSY117]

****YOU DO NOT NEED TO BUY THE KOLB BOOK. THE DEPARTMENT WILL BE PROVIDING EACH STUDENT A LICENSE FOR THE E-TEXTBOOK.****

PSY125 Exploring Psychology II

- [Essential] Holt, N., Bremner, A., Sutherland, E., Vliek, M., Passer, M.W., & Smith, R.E. (2019). *Psychology: The Science of Mind and Behaviour* (4th ed). London: McGraw-Hill Education. [THIS SAME TEXT WILL BE USED IN PSY124]
- [Recommended] Gazzaniga, M., Heatherton, T., Halpern, D. (2015). *Psychological science* (5th ed.). New York: W. W. Norton & Company.

Students also study one elective module in Semester B; information about suggested textbooks will be available on the module's QMPlus page.