

GLOBE NIHR Global Health Research Group Developing Psycho-social Interventions

## NIHR Global Health Research Group Update

October - December 2021

- Uganda has completed the fieldwork for the DIALOG+ in primary care study. Colombia and Bosnia and Herzegovina have now finished recruitment and the final DIALOG+ sessions are underway.
- Argentina have finished recruitment for the DIALOG+ study and intervention sessions are underway.
- 4 publications from the GLOBE studies have been published in the last three months:
  - van Loggerenberg et al. Feasibility, experiences and outcomes of using DIALOG+ in primary care to improve quality of life and mental distress of patients with chronic conditions: an exploratory non-controlled trial in Bosnia and Herzegovina, Colombia and Uganda, in *Pilot and Feasibility Studies.*
  - Botero-Rodríguez, F et al. The Colombian Volunteer befriending 12 month outcomes paper, in *Revista Colombiana de Psiquiatría*.
  - Slatina Murga, S et al. Effectiveness of a structured intervention to make routine clinical meetings therapeutically effective (DIALOG+) for patients with depressive and anxiety disorders in Bosnia and Herzegovina: A cluster randomised controlled trial. *Psychiatry Research communications*.
  - Saleem, S et al. A mixed methods exploration of the role of multi-family groups in community treatment of patients with depression and anxiety in Pakistan

Congratulations to Francois, Filipe, Sabina, Saniya and everyone involved!

- Carlos, Camilo and Stefan recently presented the results of the DIALOG+, Family Involvement and Volunteer befriending results from Colombia at the 21<sup>st</sup> WPA World Congress of Psychiatry that ran virtually from 18<sup>th</sup>-21<sup>st</sup> October.
- Alma presented at the Schizophrenia 360 conference hosted in Zagreb, which ran from 26<sup>th</sup>-27<sup>th</sup> November, providing and overview of the GLOBE interventions, and the adaptation and feasibility in the Bosnian context.
- As we head into the final few months of the GLOBE project, we are busy working on our plans to
  disseminate the findings. This will include a series of group wide and country-specific videos, a digital
  toolkit, and we are hoping to have a final group meeting in the summer, which would be a great
  opportunity to bring teams together and to celebrate our hard work over the last four and a half years!
  Dissemination costs can be incurred up to 24-months after the grant period, if approved by the NIHR.
- Queen Mary will be closing for the Christmas and New Year holidays from the 22<sup>nd</sup> December until the 4<sup>th</sup> of January 2022. We would like to wish you all a great holiday and a happy new year!

If there are any items that you would like to include in the next newsletter please contact: e.burn@qmul.ac.uk

This research was funded by the National Institute for Health Research (NIHR) [NIHR Global Health Group on Developing Psycho-Social Interventions] Grant number 16/137/97, using UK aid from the UK Government to support global health research. The views expressed in this publication are those of the author(s) and not necessarily those of the NIHR or the UK Department of Health and Social Care.



