Barts and The London Alumni Association

CPD Certificate of Attendance

The London Hospital Dental Club Annual Clinical Meeting

FRIDAY 22 FEBRUARY 2019

This is to confirm participation in the Verifiable CPD activity as detailed below:

Name of Participant	
GDC Registration No	
Title of Course	**Annual Clinical Meeting 2019**
Venue	**Institute of Dentistry** **Barts and The London School of Medicine and Dentistry** **Queen Mary University of London** **Turner Street, London, E1 2AD**
Hours of CPD	**5.25 hours**
Course Provider	**Barts and The London Alumni Association** **The London Hospital Dental Club**



Dr Ganase Dharrie-Maharaj
(The London, BDS, 1993; Guy's, MSc, 1999; Cardiff, LLM, 2013)
President, The London Hospital Dental Club 2018-19

The London Hospital Dental Club
Annual Clinical Meeting 2019
Friday 22 February 2019

CPD Certificate: Supplementary information sheet

This sheet details the lectures attended and their aims and objectives and learning outcomes.

'Making life a little bit easier: Understanding how lifestyle choices and behaviour affects our families and our patients health' (Mr Gerry Gajadharsingh)

Aims and objectives:

- Explain the functional lifestyle and behavioural factors that impact on health
- Develop tools to improve our resilience for the benefit of clinicians and their patients

Learning content:
Pathology vs Functional Disturbance, Brain Function, Peak Performance, the effect of stress on physiology, Breathing Behaviour, Heart Rate Variability, Glucose Regulation, Essential Amino Acids, the importance of breakfast

Anticipated GDC development outcomes:

- Effective management of self and effective management of others or effective work with others in the dental team, in the interests of patients; providing constructive leadership where appropriate
- Maintenance and development of knowledge and skill within your field of practice
- Maintenance of skills, behaviours and attitudes, which maintain patient confidence in you and the dental profession and put patients' interests first

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'Perspectives on success' (Dr Raj Rattan)

Aims and objectives:

- Identify the key drivers of success in general dental practice
- Discuss effective communication techniques
- Outline risk management techniques

Learning content:
Key drivers of success in general dental practice both in terms of clinical success and business success

Development outcomes:

- Reflective approach to success criteria
- Evaluation of the relative importance to apply communication techniques and framework in discussing treatment options with patients to apply the principles of risk management for safer practice

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'My GDC/FTP case and other more important matters' (Dr Colin Campbell)

Aims and objectives:

- Gain an insight into a personal experience of an FTP case

- Understand the consequences to individuals personally and professionally of investigation in FTP cases
- Awareness of potential alternative modes of compliance, investigation and conflict resolution within such disputes

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'Dentistry as it affects our emotions' (Dr John Besford)

Aims and objectives:

- Be more ready to consider that dentistry has anything at all to do with the emotions
- Willingness to reflect on the possible emotional impact of dentistry on patients, their families, friends and work colleagues
- More awareness of the emotional effects of dental practice upon the practitioner and the rest of the dental team
- See the emotional advantages of making the patient the team leader
- Make the above issues a significant component of dental training
- Appreciate the happiness which successful patient-centred dentistry and dental training can bring to all concerned

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'An overview of endodontic predictability' (Dr Dani Mancuso)

Aims and objectives:

- Determine how endodontics can be more predictable and consequently successful
- Discuss the most advanced technology available not only to help with the diagnosis but also to help with the achievement of a successful treatment

Learning content:
Endodontics has changed massively in the last 10 years. The complex root canal anatomy can now be prepared, disinfected and filled in three dimensions, increasing the success rate of the root canal therapy. The key to endodontic predictability is the right decision-making on what to do and when, and how to do to it.

Development outcomes:

- How to get a more precise diagnosis
- How to reduce failures
- How to improve the success rate in practice

Evelyn Sprawson Lecture: 'Black Box Dentistry - Managing stress' (Mr Andrew Perkins)

Aims and objectives

- To introduce Human Factors affecting Dentists
- To introduce how to respond to threats and errors

Learning content:

- Understand how Human Factors affect outcomes
- Demonstrate how Dentists can apply simple techniques used in aviation to improve patient safety