

Your environment shapes your health



DOCTORAL TRAINING PROGRAMME

Queen Mary University of London

PhD training for healthcare professionals in environment and health

HEAL is training a new generation of clinician-researchers to uncover how the environments we live in – physical, biological, psychosocial and cultural – shape health and disease across the life-course, and to turn those insights into fairer, more effective prevention and care that extends healthy lifespan.

THREE RESEARCH THEMES



Culture and Society

Deprivation, family, social networks, discrimination and the built environment as drivers of chronic disease.



Pollution, Climate and Urbanisation

Air pollution, microplastics, heavy metals, noise and climate change – and who they harm most.



Nutrition and Behaviour

Diet, activity, sleep, stress, tobacco and alcohol – and the metabolic, inflammatory and microbiome pathways behind them.

Find out more

Programme details, supervisors and how to apply

<https://www.qmul.ac.uk/fmd/study/postgraduate-research/clinical-academic-training-school/heal-doctoral-training-programme/>