

NHS Health Checks contract 24-25

CEG Tuesdays, 18 February 2025

Luis Rivas
Primary Care Facilitator (City & Hackney)
Clinical Effectiveness Group (CEG)

NHS Health Checks

Eligible population:

- Patients aged 40-74 years old
- Without a CVD or Diabetes diagnosis
- Excluding Palliative care
- Not on Statins
- Excluding At risk of CVD before FY (Qrisk=>20)
- At Risk Diabetes not excluded
- NHS Health Check to be done every 5 years



Queen Mary Whitechapel campus

NHS Health Checks

Contract requirements :

- NHS done in FY with Qrisk calculated
- Payment and activity stratified according to Qrisk level:
 - Low, Medium & High
- Qrisk \geq 20% has a 1% target
- HIV testing with possibility of opt-out for Qrisk 10% and above (NHS HC bloods suite in T-Quest)

NHS Health Checks

Targets – Incentive payments for achieving:

- Practice target @01/04/2024 12% of In Year TEP
- Practice share of IPC target @01/04/2024 13.8% of CEG TEP

Other targets – (do not affect payment):

- Risk Report – should be issued to all patients
- Patients with Qrisk \geq 10% to have lifestyle interventions referrals – including offer/declined / signposting [50%]
- Males – [53%]
- Under 50s [60%]
- Black African/Caribbean/South Asian [25%]

NHS Health Checks

Template:

- Calculate Qrisk score
- Enter lifestyle and intervention details (referral or sign-post or patient concordant with lifestyle changes)
- Record if at risk of CVD or Diabetes (Qrisk and HbA1c)

NHS Health Checks

Risk Report (under review):

- Created **after** NHS Health Checks **template has been saved**
- Given to patient once discussed

NHS Health Checks

Alert:

- Alerts for eligible patients missing activity:
 - Missing Health Check
 - Missing Risk Report
 - Missing Qrisk score !
 - Missing lifestyle intervention

FAQs

- **Which patients should have a blood test as part of their NHS HC?** Only those patients who have a Qrisk of 10% and above
- **Why do we rely on a poster to inform patients about HIV testing opt-out rather than ask the question directly?** This is the ethos of opt-out testing
- **Can patients with a Qrisk <10% be screened for HIV?** Yes if they actively opt in. Only bloods for HIV should be taken
- **Why am I seeing NHS eligible patients who are coded as at risk of diabetes appearing in my recall list?** These patients do not have any other instance in which their risk of CVD is assessed so are not excluded

[LIVE DEMONSTRATION OF HOW TO USE THE SEARCHES]

Please contact your local facilitator to request a demonstration if required.

Thank you – questions?



Queen Mary
University of London

qmul.ac.uk/ceg

 @QMUL_CEG