

# Mental Health Alliance Contract 24-25

CEG Tuesdays, 28 January 2025

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# Aims of presentation



- Review indicators for mental health alliance contract
- Demonstrate CEG searches and tools
- Easy wins

# Mental Health Alliance

Split into different components:

- Depression annual reviews
- SMI reviews including physical health checks of SMI patients (QOF) and patients on anti-psychotic medication (not on QoF SMI register)
- Depot injections
- ADHD reviews for CYP and Adults - **new**

# Depression Reviews

## Payment Indicator

Patients aged 16yrs and over with QOF depression code and on either repeat antidepressants or with more than 2 issues of antidepressant medication in last 6m (excluding patients on palliative care register) with an annual review

Note: This review can be completed either F2F or by telephone or video link.

# Elements of Review

## How does a review become 'Payable'?

- Review recorded
- Medication review – GP or pharmacist
- Review of physical health including smoking and alcohol status – GP, pharmacist, PA, PN or HCA
- Consideration of referral to social prescribing within last 2yr – GP, pharmacist, PA or PN
- Consideration of psychological therapies by GP if patient not received formal psychological therapy within last 2yrs
- Review of wellbeing including giving Emotional Wellbeing leaflet – if patient not received one within last 2yrs

**TARGET  $\geq 36\%$**

# FAQs

## Which template can I use to record data?

- Stand alone CEG Depression Review template
- CEG LTC template – depression review page

## Are there any personalised care adjustments (Exception coding) – on template?

- Declined to give smoking status, declines to state alcohol consumption, psychological therapy declined or not suitable, social prescribing declined, medication review declined

## Where can I refer patients to Talking Therapies/Wellbeing?

City and Hackney Talking Therapies (Free) – Online referral

Consider referring patients to City and Hackney Wellbeing Service – Online referral

# FAQs cont.

## What is the Emotional Wellbeing Leaflet?

- Patient leaflet – contains crisis numbers as well as links to Talking Therapies and Wellbeing Service.
- Link is on templates.

# SMI reviews

## Payment Indicators

a) Patients on QOF mental health register (excluding patients latest code is in remission) with an annual physical health check

Note: Some elements can be done by telephone but others such as BP, blood test need to be F2F.

Can be carried out by GP, HCA, nurse, PA. Med review will need to be done by GP.

b) Patients on QOF mental health (excluding patients latest code is in remission) with a care plan – PKB or mental health care plan (paper)

Note: Different payment tariffs for plan.



# Elements of Physical Health Check Review

How does a review become 'Payable'? 9 elements

- BMI
- BP
- Blood lipid or QRISK
- HbA1c
- Alcohol status
- Smoking status
- Drug misuse status
- Nutritional and level of physical activity
- Medication review

**TARGET  $\geq$  80%**

# FAQs

## Which template can I use to record data?

- CEG LTC template – SMI review page

## Are there any personalised care adjustments (Exception coding) – on template?

- Declined codes: BMI, BP, Smoking, Alcohol, Exercise, Nutritional, Substance misuse, blood glucose test, cholesterol test, medication review

## Where can I refer patients for exercise/diet?

Core Sports – referral form in documents

## What is PKB?

Creation of a digital plan, known as Patient Knows Best. Accessible via phone/or PC. If PKB not available a paper plan can be used and stored on EMIS.

# Physical health check for patients on anti-psychotics not in QOF

## Payment Indicators

a) Patients aged over 18 with medication issue of antipsychotic in last 6m with annual physical health check (excluding patients on LD, SMI, Dementia, Palliative Care)

- Some elements can be done by telephone but others such as BP, blood test need to be F2F.
- Can be carried out by GP, HCA, nurse, PA. Med review will need to be done by GP.

b) Patients aged over 18 with medication issue of antipsychotic in last 6m with annual physical health check (excluding patients on LD, SMI, Dementia, Palliative Care) with a care plan - PKB or mental health care plan (paper)

- Different payment tariffs for plan.

# Elements of Review

How does a review become 'Payable'? 9 elements

- BMI
- BP
- Blood lipid or QRISK
- HbA1c
- Alcohol status
- Smoking status
- Drug misuse status
- Nutritional and level of physical activity
- Medication review

**TARGET  $\geq$  73%**

# FAQs

## Which template can I use to record data?

- CEG LTC template – On Antipsychotics review page

## Are there any personalised care adjustments (Exception coding) – on template?

- Declined codes: BMI, BP, Smoking, Alcohol, Exercise, Nutritional, Substance misuse, blood glucose test, cholesterol test, medication review

## Where can I refer patients for exercise/diet?

Core Sports – referral form in documents

# Depot Injections

## Payment Indicator

Number of patients given a neuroleptic depot injection quarterly

£75 per depot

Use SMI review page in LTC template

# ADHD Reviews

## Payment Indicator

Patients with ADHD on medication in last 12m with an annual review

## Template:

RP LTC Childrens or RP LTC City and Hackney

Payment: £27 per review

Note: Review – primary care encouraged to do at least an annual physical health check for patients prescribed ADHD medication in primary care. Review can be done by GP, pharmacist or ANP who feels confident to advise on ADHD medication.

## [LIVE DEMONSTRATION OF HOW TO USE THE SEARCHES]



# Easy wins

## Depression:

- Patients only missing code for depression review – did practice do a review and not code.

## SMI and antipsychotics

- Patients only missing medication review

## Depot medications:

Quality search: - On depot missing payment code

Remember to check the Appointment suite of searches – patients with an appointment booked and they are missing reviews

# Protocols and zap template

Encourage clinicians to use alert box.

CEG have built alerts for when patient is missing indicators for Depression/SMI/Antipsychotic reviews.

Will highlight what elements are missing and click on  use zap template to complete opportunistically.

**Missing indicators for SMI or Antipsychotic annual physical health check**

Glucose  
Cholesterol or QRISK

Created by CEG.

- Please ask patient to consent ...
- Missing indicators for SMI or An...
- 2nd MMR vaccination
- Cervical Smear due or outstan...

Pages <<

**SMI/On Antipsychotics**

Autopage  
Smoking Cessation  
ZAP Cholesterol  
MH012  
Exception Codes (E)

**ZAP Template**

This template is for opportunistic checks. If patient declines any of the checks

**QRISK/Cholesterol**

\*\*Serum cholesterol level  [mmol/L](#)

\*\*QRISK3 cardiovascular disease 10 year risk calculator score  [%](#)  
[QRISK3 calculator](#)

Cholesterol test declined

QRISK3 declined

**HbA1c**

\*\*Haemoglobin A1c level - International Federation of Clinical Chemistry and Laboratory Medicine standardised  [mmol/mol](#)

Blood glucose test declined

Thank you – questions?



Queen Mary  
University of London

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