

# Early Years contract 24-25

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# Early Years

**There are four components to the service:**

- LTC Preconception Advice
- Maternity First Contact
- 6-month postnatal Health and Wellbeing Exam
- UPP



Queen Mary Whitechapel campus

# Early Years **Preconception Advice**

## Adding patients to the register:

- Eligible patients are those with an LTC aged 20-45 years

## Activity and Validation

- Send preconception leaflet to all eligible patients
- Patients coded as 'Planning to start a family'
- Each patient to be given preconception advice
- Activity is validated by measuring BMI on day of exam or in the 28 days prior to the exam



# Early Years **First Contact**

## Adding patients to the register:

- Eligible patients becoming pregnant in the financial year

## Activity and Validation

- First contact exam
- BMI and BP on day of exam or in the 28 days prior to the exam
- Obstetric Risk on exam day
- Social Risk on exam day
- Referral to Antenatal Clinic (or self referral) up to 5 days after exam



# Early Years Health and Wellbeing Exam

## Eligibility:

- Women with recent pregnancy and a vulnerability

## Exam requirement:

- Exam to be done within a window of 5-7.5 months after delivery

## Activity and Validation

- On day of exam: Preconception advice, Contraception counselling and Depression screening
- BMI on day of exam or in the 28 days prior to the exam



# Early Years **Universal Partnership Plus**

## Eligibility:

- Children aged 0-4 years (under 5years)
- Coded with UPP or Under care of health visiting specialist level

## Activity

- New action plan agreed with the health visitor  
Review of Action plan in year (28 days after 1<sup>st</sup>, from Q2)
- Review of the action plan (with existing action plan)  
2nd Review of Action plan in year (28 days after 1<sup>st</sup>, from Q2)



## FAQs

- **Will payment be withheld if preconception targets are not met?** No
- **What is the overlap with EOT2D?** If the EOT2D cap has been reached and if the over achievement includes preconception eligible women with the preconception component done with all the correct coding, then this activity will be included as valid preconception activity at end of year

# Early Years

## Common pitfalls:

- Preconception advice patients not receiving leaflet – useful for preparing patients for service/ interaction. Please find the leaflet link in the Early Years template.
- Preconception advice done without a family planning code: Please view the support searches that will identify these patients.
- HAWBE activity does not appear in the search. If activity was done outside of the 5-7.5 month window it will not be valid.



## [LIVE DEMONSTRATION OF HOW TO USE THE SEARCHES]

Please contact your local facilitator to request a demonstration if required.

# Early Onset T2 Diabetes

## Adding patients to the register:

- Patients aged 18 – 39 with a diagnosis of T2 diabetes eligible for additional 30min review appt up to practice cap

## To achieve payment:

- Extended consultation

Note, although not validated, the following activities are encouraged: a review of diagnosis (whether correctly diagnosed as T2), completion of all 8 care processes, optimisation of glycaemic control and CVD risk, education about weight management, depression screening and preconception advice for patients capable of conceiving



# Early Onset T2 Diabetes

## FAQs:

- Who can do reviews? GP, or PA/PN/Pharmacist if suitably trained
- How to record activity? Use LTC Core template page

## [LIVE DEMONSTRATION OF HOW TO USE THE SEARCHES]

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Thank you – questions?



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