Internships, volunteering and placements abroad

Whilst it is possible to organise your own work placement abroad, below is a list of some organisations that help students with this e.g. provide visa, job placement and in-country support. Further details can be found on their websites. Note many charge a fee for their services.

Interexchange: www.interexchange.org/travel-abroad
InterExchange runs programmes, including intern USA where students and recent graduates can get an internship in the US for up to 12 months.

Global experiences: www.globalexperiences.com
Global experiences run a range of different work and volunteering programmes across the globe.

Parenthese: www.parenthese-london.co.uk
Parenthese can provide the visa that you need for summer work or internships of up to 1 year, as well as support you in creating your application letters to companies.

Intern China: www.internchina.com
Intern China's main aim is to create opportunities for people to gain an insight into the Chinese business world. Their programmes have a mix of providing support on hand, encouraging independence and learning about the culture.

British Council: www.britishcouncil.org/study-work-create
Study Work Create provides opportunities for UK students, recent graduates, and young professionals to study, work volunteer, research or develop your creativity abroad and in the UK.

Erasmus+ Internships & Traineeships from QMUL:
www.qmul.ac.uk/undergraduate/erasmus/graduate-traineeships
Erasmus+ offers funding to recent QMUL graduates who are planning on doing a traineeship (internship/work placement) outside the UK in one of the participating Programme Countries after they finish their QMUL studies in June/July.

“Stretching yourself by going abroad is a fantastic idea, you get to experience another culture, pick up skills and will stand out when applying for jobs.”

Andy Walsh, Careers Consultant

www.careers.qmul.ac.uk
Internship Agreements

If you have secured an internship outside of the UK, your employer may require you and QMUL to complete an ‘Internship Agreement’ or ‘Convention de Stage’. You can find further information and download a copy of the agreement from the work experience section of the Careers & Enterprise website.

www.careers.qmul.ac.uk/students/workexperience/stage/

Schemes for Graduates (Open to current students & graduates)

Japan Exchange & Teaching Programme - (JET): www.jet-uk.org
The Japan Exchange and Teaching (JET) Programme, an official Japanese Government scheme, sends graduates to Japan in order to promote international understanding at grass-roots level and to improve foreign language teaching in schools.

Mountbatten Institute: www.mountbatten.org
The Mountbatten Institute offers live, work & study programmes in New York and London for foreign nationals. The 12 month programmes include full-time work experience at a partner organisation and academic study.

Teach English Abroad

TEFL (Teaching English as a Foreign Language): www.tefl.org.uk
Many people teach English to gain work experience abroad. Some employers may require a qualification in teaching English as a foreign language, an example of this qualification is TEFL. Before taking a course, you should research the different qualifications and providers that are available.

A good way to get an idea of a country and its culture is to book a short visit or holiday break. This will give you the chance to get to know more about life in that country, without making any long term commitments.

Country Guides & Profiles

If you have an idea of the countries you would like to work in, or even if you’re undecided, there are various sites which offer excellent country profiles, which include really helpful information, advice and live job vacancies.

Prospects working abroad: www.prospects.ac.uk/jobs-and-work-experience/working-abroad
Provides in depth country profiles for countries all over the world including information on job markets, internships, work experience and recognition on qualifications in the individual countries.

Target Jobs guide to working abroad: www.targetjobs.co.uk/careers-advice/working-abroad
Target Jobs answer your working abroad queries and point you in the direction of useful sources of information on working and living abroad in specific countries. Find information on language requirements, where you can work, job hunting tips, application methods and visa basics.

Going Global: www.careers.qmul.ac.uk/options/goingglobal
Going Global is an information portal with resources covering countries across the world. Topics include job search sources, work permit/visa regulations, CV writing guidelines and examples, employment trends, salary ranges, networking groups, cultural/interviewing advice…and much more!

www.careers.qmul.ac.uk