Career options for medical graduates

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What we will cover

1) Career planning
2) Overview of training routes
3) Time-out and alternatives to training
4) Current / Future issues
5) Tips for career success
6) Careers support & useful resources

Career planning is a 4-step process

Self → Action → Options → Decision
Career Routes – Training Pathways

Medical Career Pathways

General Practice, Core Medical Training (Internal Medicine Training), Core Surgical Training, Anaesthetics, Core Psychiatry Training


https://specialtytraining.hee.nhs.uk

GMC Curricula and training pathways

https://www.gmc-uk.org/education/standards-guidance-and-curricula/curricula
Explore roles

• https://www.healthcareers.nhs.uk/explore-roles

Alternative roles and options

https://www.healthcareers.nhs.uk/explore-roles/doctors/career-opportunities-doctors/alternative-roles-doctors
Alternative roles and options

- Academic Foundation Programme
  http://www.foundationprogramme.nhs.uk/content/resource-bank
- Academic Clinical Fellowship / Clinical Lectureships
  https://www.nihr.ac.uk/
- Digital Fellowships
  https://topol.hee.nhs.uk/
- Clinical Entrepreneurs
  https://www.england.nhs.uk/ourwork/innovation/clinical-entrepreneur/

Some Current / Future Issues

- Shape of Training Review
  https://www.shapeoftraining.co.uk/
- Long Term Plan
  https://www.longtermplan.nhs.uk/
- Topol Review
  https://topol.hee.nhs.uk/
- Global Health Fellowships
  https://gprecruitment.hee.nhs.uk/recruitment/ghf
- Pay & Conditions for Doctors
  www.nhsemployers.org/pay-pensions-and-reward/medical-staff/pay-circulars

Tips for successful career development

1) Allow yourself space and time for self-discovery before making decisions
2) Give yourself permission to question your career intentions/decisions
3) Take responsibility for your own career success (be proactive, even if the end goal is not 100% clear)
4) View challenges as opportunities!
5) Network
6) Know the system
7) Be prepared for change
Summary
1) Lots of options for medical graduates (in medicine and beyond)
2) A path to success is rarely linear
3) Success means whatever you want it to mean!
4) Career planning & development is a life-long process
5) There are lots of resources and people to help you!

Resources
Oriel https://www.oriel.nhs.uk
Specialty Training http://specialtytraining.hee.nhs.uk
Health Careers https://www.healthcareers.nhs.uk
UK FPO http://www.foundationprogramme.nhs.uk/

• See the separate resources PDF for more links and resources

QM Careers & Enterprise Centre
Enterprise programme
Events programme

Queens building (Mile End)
http://www.careers.qmul.ac.uk/
careers@qmul.ac.uk

One-to-One with a Careers Consultant
In person or via telephone/skype
Now and for 2 years post graduation
Call 020 7882 8533 or book in WG3