What is sexual assault and sexual harassment?

Sexual violence is any incident of unwanted sexual contact. It includes rape, sexual assault, sexual abuse and sexual harassment.

If you have experienced any form of sexual violence, whatever the circumstances, whenever it happened, it was not your fault.

There is help and support available so you can make your own decision about what happens next.

Sexual violence may include, but is not limited to:

- rape
- sexual assault this can include inappropriately touching someone without their consent, unwanted kissing, and/or making someone take part in a sexual activity with them without their consent
- childhood sexual abuse
- sexual harassment any unwanted sexual behaviour that makes someone feel scared, upset, offended or humiliated
- · revenge porn'
- 'flashing' or cyber-flashing

More information can be found here:

https://reportandsupport.gmul.ac.uk/support/what-is-sexual-violence

https://www.gmul.ac.uk/welfare/sexual-harassment-advice/

Additional help available if you are a staff member

The University's Employee Assistance Programme helpline <u>hr.qmul.ac.uk/wellbeing/workplace-support/employee-assistance-programme</u>

Employees can seek support and advice from HR on the application of the Grievance Resolution Policy and Procedure at any stage hr-qmul.ac.uk/contact/whoswho

Trade Unions Representation and Support: hr.qmul.ac.uk/workqm/unions

Additional help available if you are a student

Sexual Assault and Harassment Adviser at Queen Mary https://www.qmul.ac.uk/welfare/sexual-harassment-advice/

Advice and Counselling Service at Queen Mary www.welfare.qmul.ac.uk/about-us

Your Student Support Officer my.qmul.ac.uk/course-essentials/ask-for-help/student-support-contacts

The Students' Union Academic Advice Service www.qmsu.org/advice/academic

Useful links

Policy and procedures

Dignity at Work and Study General Guidance <u>www.arcs.qmul.ac.uk/media/arcs/policyzone/academic/Dignity-at-Work-and-Study-General-Guidance.pdf</u>

This provides information on rights, responsibilities, and expected behaviour

Dignity at Work and Study Policy

 $\frac{hr.qmul.ac.uk/media/hr/docs/forms/policies/Dignity-at-Work-and-Study-Procedure-for-Staff.pdf$

Student Behaviour and Discipline

www.arcs.qmul.ac.uk/media/arcs/policyzone/Student-Behaviour-and-Discipline.pdf

Code of Student Discipline

https://arcs.qmul.ac.uk/media/arcs/policyzone/academic/Code-of-Student-Discipline-(2021-22).pdf

Policy on Relationships between Staff and Students www.arcs.qmul.ac.uk/media/arcs/policyzone/academic/Relationships-between-Staff-and-Students-Policy.pdf

Student Compalints Policy

https://arcs.qmul.ac.uk/media/arcs/policyzone/academic/Student-Complaints-Policy-(2022-23).pdf

Grievance Resolution Policy and Procedure for Staff hr-qmul.ac.uk/procedures/policies/grieve

Additional information reportandsupport.qmul.ac.uk/campaigns/changing-the-culture

External support services

Rape Crisis - https://rapecrisis.org.uk/

Solace Women's Aid - https://www.solacewomensaid.org/

Rights of Women (legal advice) - https://rightsofwomen.org.uk/

The Havens - https://www.thehavens.org.uk/

Sexual health services - https://www.nhs.uk/service-search/find-a-sexual-health-clinic/

Police - if you or someone else are in immediate danger, call 999. If it's not an emergency you can call 101 or visit a police station.



Blizard Institute

Advice and guidance on sexual assault and harassment



This brochure contains information on what options are available to you at the Blizard Institute and Queen Mary if you are a member of staff or a student who is experiencing, or has experienced, sexual assault and/or sexual harassment. Inside you will find guidance on what constitutes sexual assault/harassment, a flow chart to guide you through your options depending on which actions you feel comfortable in taking, and useful links to guide you to more information or how to access support. This information is also available to access online at: www.gmul.ac.uk/blizard/edi/bullying-and-harassment

Worried about someone else?

There are lots of ways you can help and lots of places to look for support: reportandsupport.gmul.ac.uk/support/i-am-worried-about-someone-else

