### What is sexual assault and sexual harassment? Useful links

Sexual violence is any incident of unwanted sexual contact. It includes rape, sexual assault, sexual abuse and sexual harassment.

If you have experienced any form of sexual violence, whatever the circumstances, whenever it happened, it was not your fault.

There is help and support available so you can make your own decision about what happens next.

Sexual violence may include, but is not limited to:

- rape
- sexual assault this can include inappropriately touching someone without their consent, unwanted kissing, and/or making someone take part in a sexual activity with them without their consent
- childhood sexual abuse
- sexual harassment any unwanted sexual behaviour that makes someone feel scared, upset, offended or humiliated
- revenge porn'
- 'flashing' or cyber-flashing

More information can be found here:

https://reportandsupport.qmul.ac.uk/support/what-is-sexual-violence

https://www.gmul.ac.uk/welfare/sexual-harassment-advice/

#### Additional help available if you are a staff member

The University's Employee Assistance Programme helpline hr.qmul.ac.uk/wellbeing/workplace-support/employee-assistance-programme

Employees can seek support and advice from HR on the application of the Grievance Resolution Policy and Procedure at any stage hr.gmul.ac.uk/contact/whoswho

Trade Unions Representation and Support: hr.qmul.ac.uk/workqm/unions

#### Additional help available if you are a student

Sexual Assault and Harassment Adviser at Oueen Marv https://www.gmul.ac.uk/welfare/sexual-harassment-advice/

Advice and Counselling Service at Queen Mary www.welfare.gmul.ac.uk/about-us

Your Student Support Officer my.qmul.ac.uk/course-essentials/ask-for-help/student-support-contacts

The Students' Union Academic Advice Service www.qmsu.org/advice/academic

#### **Policy and procedures**

Study-General-Guidance.pdf

Dignity at Work and Study General Guidance www.arcs.qmul.ac.uk/media/arcs/policyzone/academic/Dignity-at-Work-and-

This provides information on rights, responsibilities, and expected behaviour

Dignity at Work and Study Policy

hr.qmul.ac.uk/media/hr/docs/forms/policies/Dignity-at-Work-and-Study-Procedure-for-Staff.pdf

Student Behaviour and Discipline

www.arcs.qmul.ac.uk/media/arcs/policyzone/Student-Behaviour-and-Discipline.pdf

Code of Student Discipline

https://arcs.qmul.ac.uk/media/arcs/policyzone/academic/Code-of-Student-Discipline-(2021-22).pdf

Policy on Relationships between Staff and Students www.arcs.qmul.ac.uk/media/arcs/policyzone/academic/Relationshipsbetween-Staff-and-Students-Policy.pdf

Student Compalints Policy

https://arcs.qmul.ac.uk/media/arcs/policyzone/academic/Student-Complaints-Policy-(2022-23).pdf

Grievance Resolution Policy and Procedure for Staff hr.qmul.ac.uk/procedures/policies/grieve

Additional information reportandsupport.qmul.ac.uk/campaigns/changing-the-culture

#### **External support services**

Rape Crisis - https://rapecrisis.org.uk/

Solace Women's Aid - https://www.solacewomensaid.org/

Rights of Women (legal advice) - https://rightsofwomen.org.uk/

The Havens - https://www.thehavens.org.uk/

Sexual health services - https://www.nhs.uk/service-search/find-asexual-health-clinic/

Police - if you or someone else are in immediate danger, call 999. If it's not an emergency you can call 101 or visit a police station.



# **Blizard Institute**

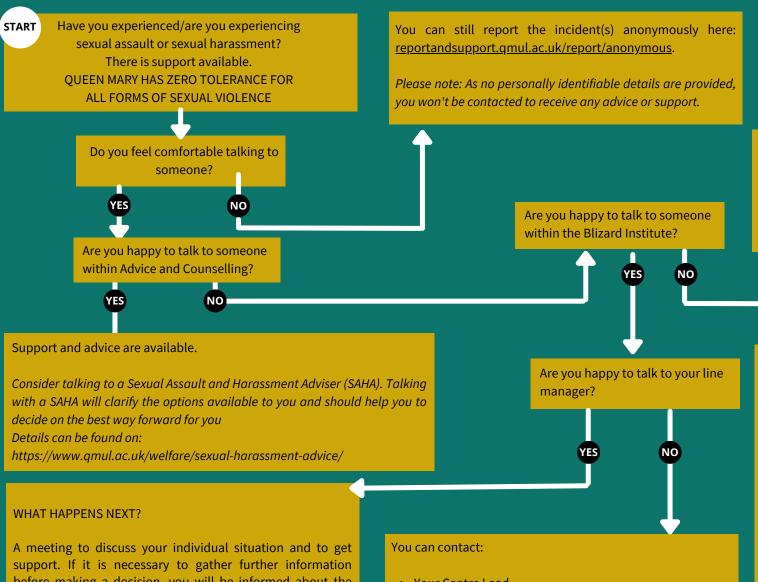
## Advice and guidance on sexual assault and harassment



This brochure contains information on what options are available to you at the Blizard Institute and Queen Mary if you are a member of staff or a student who is experiencing, or has experienced, sexual assault and/or sexual harassment. Inside you will find guidance on what constitutes sexual assault/harassment, a flow chart to guide you through your options depending on which actions you feel comfortable in taking, and useful links to guide you to more information or how to access support. This information is also available to access online at: www.gmul.ac.uk/blizard/edi/bullying-and-harassment

#### Worried about someone else?

There are lots of ways you can help and lots of places to look for support: reportandsupport.gmul.ac.uk/support/i-am-worried-about-someone-else



before making a decision, you will be informed about the timescale of the subsequent actions.

Outcomes might involve:

- an informal resolution
- a referral for support
- talking to you about the option to make a formal complaint

During the meeting(s) you and your chosen contact person will discuss/decide the best approach to take.

- · Your Centre Lead
- The Blizard Dignity and Respect Champion (Louisa James, <a href="mailto:louisa.james@gmul.ac.uk">louisa.james@gmul.ac.uk</a>)
- The Blizard EDI Academic Lead (Tania Maffucci, t.maffucci@qmul.ac.uk)
- The Institute Director (Mary Collins, mary.collins@gmul.ac.uk)
- The Interim Institute Manager (Rachael Parker, rachael.parker@gmul.ac.uk)

Support and advice are available.

Consider talking to a Dignity and Respect Champion (DRC) first before taking any other action in relation to your issue. Talking with a DRC will clarify the options available to you and should help you to decide on the best way forward for you



You can contact a Dignity and Respect Champion here: hr.qmul.ac.uk/wellbeing/workplace-support/bullying-harassment

The DRC will get in touch with you to make an appointment to meet and will provide guidance, assistance and advice on the courses of action available. See webpage for more details.

• You can report the incident(s) WITH CONTACT DETAILS here: reportandsupport.gmul.ac.uk/report/advisor

Depending on whether you are a student, staff or visitor at Queen Mary, you may be contacted by staff from Student and Academic Services, Academic Registry and Council Secretariat and/or Human Resources to discuss your options for further support and/or disciplinary investigation. See webpage for more details.

• Additional links for support are available here: https://reportandsupport.gmul.ac.uk/support/whatsupport-is-available-for-sexual-violence