01 Liverpool Street Station
Exit Liverpool Street Station via Bishopsgate West exit (near WH Smith). You will come out opposite Bishopsgate Police Station. Press play on your device here. Then cross Bishopsgate. Walk to Artillery Lane, which is the first turn on the right after the Woodin’s Shade Pub.

02 Artillery Passage
Follow Artillery Lane round to the right (approximately 130m). Artillery Passage is at the bottom on the right (Alexander Boyd Tailoring shop is on the corner). Press play on your device.

03 Petticoat Lane Market
Walk up Artillery Passage. Continue to the top of Widegate Street (past the King’s Store Pub). Turn left onto Middlesex Street (opposite the Shooting Star Pub). Continue to the junction with Wentworth Street (on the left). Press play on your device.

04 Jewish Soup Kitchen
Turn left up Wentworth Street then turn left up Bell Lane. Turn right up Brune Street (opposite the Sainsbury’s Local). Press play on your device.

05 Christ Church Spitalfields
Walk to the far end of Brune Street. Turn left onto Toynbee Street and up to Commercial Street. Christ Church is approximately 50m up on the right. Press play on your device.

06 Huguenot History
Walk past Christ Church and turn first right down Fournier Street (The 10 Bells Pub is on the corner). Walk to the junction of Wilkes Street (on the left). Press play on your device.

07 Brick Lane Mosque
Go up Wilkes Street. Turn right down Princelet Street. Then turn right on to Brick Lane. The Mosque is 30m up on the right-hand side. Press play on your device.

08 Altab Ali Park
Follow Brick Lane (right past Mosque) for 250m (at the end Brick Lane becomes Osborn Street) to Whitechapel Road. Altab Ali Park on the opposite side of Whitechapel Road, between White Church Lane and Adler Street. Press play on your device.

09 Fulbourne Street
At the East London Mosque cross over Whitechapel Road at the traffic lights, turn right and walk 100m up to the junction of Fulbourne Street (on the left). Press play on your device.

10 Mile End Waste
Continue walking 280m up Whitechapel Road (past the Blind Beggar Pub and junction of Cambridge Heath Road) until it becomes Mile End Road. Mile End Waste is parallel to the shops on the left-hand side (opposite Nandos). The William Booth statue marks the start. Press play on your device.

11 Trinity Almshouses
The Almshouses are on the left-hand side of Mile End Road (opposite Mile End Waste). Press play on your device.

12 Lusby’s Music Hall
Continue 200m up Mile End Road, just past Cleveland Way (on the left). Press play on your device. The row of Georgian houses are 25m up from the Genesis Cinema (opposite Stepney Green).