JOHN LENNON said that life is what happens to you while you’re busy making other plans. I seem to have been planning to do a lot of things in the last few years and it comes as a bit of a shock to realise that more than 20 have passed since I qualified from The London (no Royal then) and that I am officially in ‘middle youth’. I never strayed too far from The London having been a part-time teacher since 1995 and full-time since 2006. I am therefore delighted to accept the Presidency for this year before handing over the baton.

I have put together a varied scientific programme with a clinical theme which I hope you will enjoy. My background is in Prosthodontics and Gerodontology. It seems that much of our clinical time now and in the future will be devoted to the maintenance of the heavily restored dentition in the so-called “baby boomer” generation. This is going to provide us with a variety of interesting challenges which will be discussed in the course of the programme. I am delighted that all of my first choice speakers have agreed to take part. They are all people who I have heard speaking over the years and who have really impressed me.

First up is Peter Briggs, Consultant and Clinical Lead in Restorative Dentistry at St George’s Hospital in London, and part-time in his own specialist practice. Peter is going to talk about the restorative management of the heavily restored dentition. He adopts a very practical approach to dentistry and has a down-to-earth presentation style. As there is a lot of emphasis nowadays on long-term success rates of dental treatment, Peter will be in a position to tell us what works and what doesn’t!

Phil Atkin is an old friend; we studied together at The London and while I have hung around, Phil has moved onto greener pastures (quite literally if you look out of his living room window). Phil is a Consultant in Oral Medicine at Cardiff University Dental Hospital. He remembers the names of all those lesions you learn about just before finals and will be talking about relevant issues in “Oral medicine for the older patient.”

After lunch, Professor Francis Hughes will be talking about the periodontal management of the older patient. Francis really needs no introduction as he was such an important part of the Institute of Dentistry for so many years. He combines an expert knowledge of his subject with the ability to deliver brilliantly entertaining presentations. Unfortunately for us, Francis left the Institute last year to go “south of the river” but I am delighted to welcome him back for the Meeting.

We have all faced the frustration of trying to help our patients improve their tooth brushing and dietary habits. It’s a deceptively difficult part of our lives and is quite clearly not just a matter of education. Professor Tim Newton is going to discuss the psychology of behaviour change and how we can use it to help our patients. Tim is Professor of Psychology as Applied to Dentistry at King’s College London so he is in an ideal position to explore this area.

After the Evelyn Sprawson Lecture, there will be a drinks’ reception in the Old Library prior to the conference dinner. I have chosen the Boundary Restaurant in Shoreditch as this year’s venue. Boundary is a wonderful modern restaurant housed in a former print factory near to Liverpool Street station. Places for dinner will be limited so please book early if you want to attend.

What does it take to get you out of bed on a Saturday morning to update your CPD? Endodontics might not seem a likely choice but then again you may not have heard these speakers. Both have won the prestigious DDU Teacher of the Year Award and listening to them is easy to understand why. Jeremy Hayes from South Wales won the award in 2003; he will be talking about ‘Dental Demolition’ and how to gain access to root canals in a heavily restored tooth, among other things. Finally, John Whitworth will be talking about ‘Growing old with endodontics.’ John is from Newcastle Dental Hospital and won the DDU award in 2005. He has an infectiously enthusiastic approach to his subject and couples this with amazing presentation skills. You will not be disappointed!

During the AGM I will hand over the presidency to Professor Paul Wright who will take us through our centenary year. Blimey a hundred years old – it only seems like yesterday!

With best wishes

Dr Tim Friel
q BDS, The London, 1988
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Drapers’ Award Winner

SUSAN WALLACE, Laboratory Manager in the Centre for Adult Oral Health in the Institute of Dentistry, recently received a Drapers’ Award in recognition of her ‘Outstanding Service to the College’. Her fourth floor lab is where all dental students start to develop their clinical skills during their undergraduate studies.

ACM 2010: Review

OVER 95 ALUMNI, guests and current students attended the Annual Clinical Meeting in March 2010. The Meeting which was organised by the London Hospital Dental Club President for 2009-10, Dr Bill Meeson (q LDS, The London, 1981), focused on issues of interest to the general dental practitioner. Friday’s programme included subjects such as veterinary dentistry, practice design and evolving dental technology, and the future path of dentistry.

The School presented the 2009 Slack Medal to Emeritus Professor Aubrey Sheiham, whose association with The London lasted for some 36 years. The Evelyn Sprawson Lecture was given by Colin Jones FBA, President of the Royal Historical Society and Professor of History at Queen Mary, University of London, who spoke on the ‘Historical origins of the White-Tooth smile.’5008389111179.jpg

Saturday’s theme was ‘The Perfect Vision: How to make sure your dental practice prospers until 2020 – and beyond.’

Date of ACM 2012

THE ANNUAL CLINICAL MEETING IN 2012 will be held on Friday 2 and Saturday 3 March. The President for 2011-12 is Professor Paul Wright (q BDS, The London, 1969). Paul was Dean of the Dental School from 1999-2007.
Award-winning smile

PROFESSOR ELIZABETH DAVENPORT (q PhD Microbiology, The London, 1993) received an ‘Outstanding Achievement in Dentistry’ award at the 2010 Dental Awards ceremony.

‘I am overwhelmed to be recognised for what I do in dentistry both here and in the external arena. I’m extremely pleased to receive this award,’ she said at the ceremony.

In addition to being Professor of Dental Education at Queen Mary, University of London in 2002, Elizabeth is also Chair of the International Association for the Dental Research Ethics Committee and revised the Association’s Code of Ethics. Her most recent achievements include being appointed as a registrant member of the reconstituted General Dental Council and receiving a National Teaching Fellowship in 2006.

Many thanks

DAVID KRAMER (q BDS, The London, 1980) is stepping down as Treasurer to The London Hospital Dental Club Benevolent Fund following 10 years of service. David has served two terms of five-years.

With regret

(JAMES) NEIL SWALLOW (q BDS, The London, 1955) died on 29 April 2010. He was a paediatric dentist and an inspirational teacher. An obituary will appear in the next issue of Barts and The London Chronicle.

100 years of the Dental School

Events throughout the year

Gala dinner

Celebrate 100 years since the opening of the London Hospital Dental School on 3 October 1911 at a dinner in the imposing gothic hall of the Royal Courts of Justice on 3 October 2011. Booking details will be available in Spring 2011. Register your interest by email at batltaa@qmul.ac.uk.

Centenary Appeal

To mark the centenary of the Dental School, an appeal will be launched to support new young researchers at the School. The fund will aim to provide scholarships to assist PhD researchers with their fees and living expenses. We hope to be able to raise sufficient funds to ensure that researchers over the next 10 years will benefit from coming to one of the top dental schools in the UK.

If you wish to make a donation, visit http://www.qmul.ac.uk/alumni/supportingqm/research for more information. The Appeal will be officially launched during the 2011 London Hospital Dental Club Annual Clinical Meeting on Friday 4 and Saturday 5 March.

2011 Inaugural lectures

Two professors in the Institute of Dentistry will be giving their inaugural lectures during 2011:

Wednesday 2 March

‘Paediatric Dentist: Jack of all trades, master of LITTLE ones’ to be given by Ferranti Wong (q PhD, Barts and The London, 1995), Professor of Paediatric Dentistry.

Date TBC

‘An Apatite for Life’ to be given by Robert Hill, Professor of Physical Sciences in relation to Dentistry.

Lectures will start at 5.30pm in the Perrin Lecture Theatre on our Whitechapel campus.

Please email smd-inaugurals@qmul.ac.uk to book your place.

For up-to-date information visit www.smd.qmul.ac.uk/events.
How to book your place

TO ATTEND THE 2011 Annual Clinical Meeting on Friday 4 and Saturday 5 March please complete and return the enclosed registration form or book online at www.qmul.ac.uk/alumni with your credit or debit card by Friday 25 February.

The fee for attending both days is £150 (the delegate price has been held since 2009); discounts are also available (see registration form). If you would like to join the subscription dinner at the Boundary on Friday evening, tickets for the three-course meal are £65 and include wine, as well as transport to the restaurant.

A coach will take diners from the Garrod Building to the Boundary in Spitalfields (the restaurant is close to Liverpool Street station). If you require recommendations for overnight accommodation nearby or if you have any queries, please contact the Alumni Relations Office on +44 (0)20 7882 7790 and we will be pleased to assist you.

For members attending the Saturday session, lunch is being offered within the delegate fee at Tayyabs, a restaurant in Fieldgate Street, which offers traditional Pakistani Punjabi food. Please do indicate whether you wish to attend lunch on the registration form. Lunch follows immediately after the Annual Business Meeting at 12.45pm.

Celebrating a milestone year since qualifying?

IF 2011 IS A MILESTONE YEAR since you qualified, why not come to the Boundary Restaurant as a year group and meet-up with friends and celebrate. We are happy to help any group who wish to hold a gathering with finding lost friends. If you qualified in 1951, 1961, 1971, 1981, 1991 or 2001 – this is a significant year. Do let us know if you would like to book a table. Everyone is welcome!

CPD Accreditation

CONTINUING PROFESSIONAL DEVELOPMENT (CPD) accreditation has been approved for the Annual Clinical Meeting as a ‘Non-Section 63 (Other Approved) course.’ It is a condition of accreditation that attendance must be validated by a signed register. There will be a separate CPD register for each day, so please ensure that you sign-in on Saturday 5 March if you wish to claim the full allowance for the Meeting. Attendance certificates will be available each day. The points for this ACM equate to one per hour of attendance. The Annual Business Meeting is not included in the total.

Welcome back Phil Atkin

WE ARE DELIGHTED to welcome back Dr Philip Atkin, an Old Londoner who qualified with a BDS in 1989 and an MSc in Experimental Oral Pathology in 1995, as one of our speakers on Friday 4 March at 11.30 am. Phil’s first job was as a HO in paediatric dentistry at The London. Later, he was also a part-time lecturer in oral surgery whilst completing his medical studies and was subsequently SHO and registrar in oral medicine at The London.

Phil has been Consultant and Honorary Senior Lecturer in Oral Medicine at the Cardiff University Dental Hospital and School, Wales since 2004. He is currently the Royal College National Specialty Adviser in oral medicine and Chair of the SAC in the additional dental specialties. He is an examiner in the Royal College diploma, membership and fellowship exams, as well as BDS exams across the UK and overseas.

Phil’s primary specialty interest is in oral medicine but also in oral surgery and special care dentistry.
Annual Business Meeting

THE ANNUAL BUSINESS MEETING for the Dental Club will take place in the Perrin Lecture Theatre on Saturday 5 March, immediately following the end of the Clinical Meeting. All alumni are welcome to attend. Elections for the positions for LHDC President for 2013 and a London Hospital Dental Club Treasurer for 2011-16 will take place during the Meeting.

Request for teeth

DR CHRIS MERCER, Clinical Senior Lecturer in Restorative Dentistry at Barts and The London School of Medicine and Dentistry, is looking for extracted teeth which can be used for teaching purposes only.

As Convenor for the BDS course, which includes early teaching on caries and simple restorations, Chris welcomes anything on offer, so long as the teeth have not been allowed to dry out.

If you have any extracted teeth, for which you have written consent from the patient who agrees to their use for teaching purposes, please bring them with you to the Meeting. There will be a deposit box available. Please contact Chris Mercer by telephone on +44 (0)20 7882 8628 or by email at c.e.mercer@qmul.ac.uk with any queries.

Saturday's taste sensation

SATURDAY’S LUNCH will be held at Tayyabs which specialises in traditional Pakistani cuisine from the Punjab province. This long-established family-run restaurant has become something of a Whitechapel institution, attracting a mixed clientele of local residents and mosque-goers, employees from The Royal London Hospital and visitors from further afield. Tayyabs’ signature dishes include various sizzling grill options. Visit www.tayyabs.co.uk.

Programme

President: Dr Tim Friel

Friday 4 March

Lectures will take place in the Perrin Lecture Theatre, Blizzard Building, Newark Street, E1 2AT

08.45 Registration
Old Library, Garrod Building (formerly the Old Medical College Building), Turner Street, E1 2AD

09.00 Welcome Professor Farida Fortune, Dean for Dentistry, Barts and The London School of Medicine and Dentistry

09.15 Introduction and welcome by President Dr Tim Friel

09.30 ‘Management of heavily restored dentition’ Peter Briggs, Consultant and Clinical Lead in Restorative Dentistry, St George’s Hospital, Tooting

10.30 Presentation from the 2010 Malcolm Jenkins and John Richards Scholar: ‘A comparison of parental dental health practices and opinions versus child treatment needs in Glasgow, Scotland’ Yolande Mbappe

10.40 Coffee, registration and Trade Show

11.30 ‘Oral medicine for the older patient’ Dr Phil Atkin, Consultant in Oral Medicine, Cardiff University Dental Hospital and School

12.30 Lunch and Trade Show

14.00 ‘Periodontal management of the older patient’ Francis Hughes, Professor of Periodontology, King’s College London

15.00 ‘Motivation and Behaviour Change’ Tim Newton, Professor of Psychology as Applied to Dentistry, King’s College London

16.00 Tea

16.30 Presentation of the Slack Medal

16.45 Evelyn Sprawson Lecture

17.30 Drinks’ Reception
Old Library, Garrod Building, Turner Street, E1 2AD

19.00 Dinner
Boundary Restaurant, 2-4 Boundary Street, Shoreditch, E2 7DD

Saturday 5 March

Events will take place in the Perrin Lecture Theatre, Blizzard Building, Newark Street, E1 2AT

09.45 ‘Dental Demolition’ Dr Jeremy Hayes, Department of Adult Dental Health, University of Wales College of Medicine

10.45 Coffee

11.15 ‘Growing old with endodontics’ Dr John Whitworth, Senior Lecturer and Clinical Consultant in Restorative Dentistry, University of Newcastle

12.15 The London Hospital Dental Club Annual Business Meeting

12.45 Lunch
Tayyabs, 83-89 Fieldgate Street, E1 1JU

www.qmul.ac.uk/alumni/batlaa
The Malcolm Jenkins and John Richards Travelling Scholarships are presented annually to up to two dental students from the School. The 2009-10 recipients, Dr Ramona Ravikumar and Dr Nike Goodluck, presented their papers to alumni at the 2010 ACM.

A comparison of the techniques and materials used in the restoration of extensively broken down posterior teeth at the Prince Philip Dental Hospital, Hong Kong and The Royal London Hospital

Dr Nike Goodluck (q BDS, Barts and The London, 2010) writes:

‘Being awarded the 2009 Malcolm Jenkins Travelling Scholarship meant I was able to pursue my proposed elective project at the prestigious Prince Philip Dental Hospital (PPDH), University of Hong Kong; the premier centre for dental education and training in south-east Asia. My elective project, conducted in the Restorative Department, aimed to compare the techniques, materials and rationale employed in the restoration of extensively broken down (four-five surfaces) posterior teeth at the PPDH and The Royal London Hospital (RLH).

I undertook a clinical audit survey to assess the responses of undergraduates, postgraduates and clinicians at both institutions to the restorability of six extensive tooth surface loss cases. Similarities were observed in materials selection, methods of placement and clinical practice at both institutions. However, some differences were observed, including the use of amalgam adhesives at the PPDH, compared to the use of amalgapins, slots and grooves as methods of retention in complex amalgam restorations at the RLH. Protocols for the restoration of posterior root canal treated teeth (RCT) differed also with undergraduates at PPDH who were instructed to place an extra-coronal restoration on all RCT teeth; this is not standard practice at the RLH. Furthermore, the results from the clinical audit survey on the restorability of six extensively broken down teeth showed a similar willingness to restore and the selection of restorative materials by undergraduates, postgraduates and clinicians alike at both the RLH and PPDH.

The staff and students at the PPDH were extremely helpful and welcoming, they radiated an air of positivity and eagerness to succeed. During my stay, I had every opportunity to explore the vibrant cosmopolitan city and neighbouring islands. Hong Kong is a remarkable city with a staggering amount on offer whether you crave food, shopping, nightlife or peace and tranquillity. I am truly grateful for being given the opportunity to have experienced it.’
A comparison of the differences in the regime, indications and guidelines of antibiotic prophylaxis at both The Royal London Hospital and the University of Malaya

Dr Ramona Ravikumar (BDS, Barts and The London, 2010) writes:

‘The John Richards Travelling Scholarship meant that I was able to carry out my elective study in Kuala Lumpur in the Oral Surgery Department at the University of Malaya. My elective study allowed me to compare the differences in the regime, indications and guidelines of antibiotic prophylaxis at both The Royal London Hospital (RLH) and the University of Malaya (UM).

I was able to gain an insight into the teaching of undergraduates at the University of Malaya and was also fortunate to be invited to join the Maxillofacial team comprising Consultants, Senior Clinical staff and Masters’ students at one of their meetings, where they presented and discussed their complex patient cases. On my last day, I observed the Plastic Surgeon and Maxillofacial Consultant carry out the Cleft-Lip and Palate Clinic for children, including newborn babies, which was truly an enlightening experience.

My elective study was conducted in the Oral Surgery Department and I sought responses to a questionnaire given to 25 clinicians/5th year undergraduates at both UM and the RLH. The responses demonstrated that the majority of staff at UM and the RLH provide antibiotic prophylaxis for patients who are immunocompromised. A significant difference was found for those patients with cardiac abnormalities; at UM the majority are prescribed with antibiotic cover before dento-alveolar surgery. At the RLH, antibiotic prophylaxis is not recommended for those at risk of infective endocarditis (IE). Whereas, at UM, the guideline used for antibiotic prophylaxis against IE is the American Heart Association (AHA) 2007. The AHA recommends the provision of antibiotic prophylaxis for those deemed at highest risk of contracting IE, for example a history of IE, congenital heart disease and cardiac valve abnormalities.

I gained a better insight into the practice of antibiotic prophylaxis from informal discussions with teaching staff at both institutions. Essentially antibiotic regimes are only guidelines and not intended to cover all possible clinical situations. The clinician has to consider several factors for each individual case in order to provide a reasonable standard of care by ensuring that the benefits outweigh the risks.

The experience however was not all work. I was also able to spend time basking in the tropical heat of south-east Asia, jungle trekking the wild forests of Borneo, and treading the hot powdery sand on the island of Langkawi on the west coast.’

If you wish to support the Malcolm Jenkins and John Richards Travelling Scholarship endowment fund, please make your gift using the ACM registration form.

You may Gift Aid your donation to increase its value to the fund by 25 per cent.
Institute success

In the news

RESEARCH BY ROBERT HILL, Professor of Physical Sciences in relation to Dentistry, was featured in an article recently published in the Daily Mail.

The article looked at a variety of new dental inventions and developments which ‘aimed to take the pain out of dentistry.’ Demand was being led by the soaring rise in the number of patients undergoing dental cosmetic surgery. Professor Hill is currently developing a toothpaste that releases dissolvable glass particles into the mouth which helps to prevent decay and reduce sensitivity. He said: “You brush your teeth with it twice a day, like normal. It releases minerals over 24 hours, which stay in the mouth for longer. We are aiming for it to cost £3 a tube.”

Erosion Award

JANET DAVIES (pictured left with Professor Ferranti Wong), a current PhD student within the Institute of Dentistry who is working on an ongoing study into the preventive effects of salivary proteins against dental caries and erosion, has been awarded a prestigious research prize by the European Academy of Paediatric Dentistry. Janet won the ‘Erosion’ award at the 10th EAPD congress held in Harrogate for her presentation entitled ‘The effect of a Statherin-like peptide on erosion in vitro.’

Gold Medal winner

DR NIKE GOODLUCK (q BDS, Barts and The London, 2010) won the prestigious 2010 University of London Gold Medal for Dentistry. The Gold Medal, awarded annually, is competed for by the top four per cent of dental graduates from King’s College London and Barts and The London, School of Medicine and Dentistry. The other Queen Mary students to be shortlisted were Anam Din, Nishma Chande and Cheryl Calver who were all ‘Proxime Accessit’ to the Gold Medal.

IADR Recognition

ANTONIOS THEOCHAROPOULOS (q MSc Dental Materials, Barts and The London, 2007), a PhD student in the Institute of Dentistry, won the Voco Prize for Dental Biomaterials Research at the 2010 IADR conference in Barcelona. His presentation was entitled ‘The wear characteristics of an experimental high strength fine-sized leucite glass ceramic.’ Antonios will receive a certificate and a prize of £300.

For more information or general enquiries, please contact the Barts and The London Alumni Association on +44 (0)20 7882 7790 or email batlaa@qmul.ac.uk